



Apple Cinnamon Oatmeal with Fiber (1910)

06/21/2024

Nutrition Facts	
22 servings per container	
Serving size	1 cup (235g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 32g	12%
Dietary Fiber 8g	27%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 21mg	2%
Iron 1mg	6%
Potassium 140mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: WATER, APPLESAUCE (Apples and Water, Ascorbic Acid [vitamin C] added to maintain color), ROLLED OATS, APPLE JUICE (Filtered Water, Apple Juice Concentrate, Ascorbic Acid [vitamin C]), MALTODEXTRIN, SUGAR, CINNAMON, VANILLA IMITATION FLAVOR (Water, Potassium Sorbate, Citric Acid, Propylene Glycol, Ethyl Vanilla and Sodium Benzoate)

ALLERGEN: Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish

Order Number: C681910